



## Waikoikoi School - Little School Big Spirit!

# Newsletter

### Principal's Note:

We have Otago Anniversary day on Monday so school is closed for instruction.

Thank you so much to each and everyone one of you that helped at the Annual Golf Tournament. The support that you all have shown is incredible and shows how amazing this community is. The money raised is used to help with the education of your tamariki.

Best of Luck to Millah this Sunday. Millah is competing at Southland Primary Schools Athletics.

We are updating our records of emergency contacts. Please fill in the form below so we have up to date information [Emergency Contact form](#)

We are currently working on the zones of regulation (managing and identifying feelings). We have noticed a change in the behaviour of **all students**. Self-regulation can go by many names, such as self-control, self management, and impulse control. It is defined as the best state of alertness of both the body and emotions for the specific situation. For example, when a student plays on the playground, it is beneficial to have a higher alertness. However, that same state would not be appropriate in the library. The lessons and learning activities that are being delivered in the classroom are designed to help the students recognise when they are in the different zones as well as learn how to use strategies to change or stay in the zone they are in. The students will gain an increased vocabulary of emotional terms, skills in reading other people's facial expressions, perspective about how others see and react to **their** behaviour, insight into events that trigger their behaviour, calming and alerting strategies, and problem solving skills. It would be helpful for you to have conversations with your tamariki at home about the different zones.

Ma te wa  
Jacqui and staff of Waikoikoi School



## Swimming Sports Information:

**Date:** Wednesday, April 3rd

**Venue:** Gore Multi Sports Complex

**Time:** Pick up from school 12pm at the latest please.

People can arrive at the pool from 12:30pm

Timers seated by 12:40pm. We will need parent help for timing. This can be done on your phone. You don't need any special equipment.

Students seated and ready to go in togs with towel around them by 12:50pm. It is a good idea to pack two towels.

Event begins 1:00pm sharp

### Races:

Students have been entered in their events at school this week.

Students may only enter EITHER 1/2 length with a board races OR 1/2 length without a board races - NOT BOTH.

Students entering full-length races MAY NOT enter 1/2 length races too and vice versa.

Students will sit in age and school groups. Please ensure students are sitting on the correct step, as this will make it easier for the marshalls to locate them. There will be signs on the terraced seating to show students where they should be sitting.

Parents are welcome to sit in the seats too - the end closest to the bathrooms will be for whānau and students will sit at the other end. The seats between the big and small pools can also be used by spectators.

**This event is for 8 year olds and above. As the staff all need to attend swimming sports students that are not old enough to attend will need to be collected from school by 12pm please. Thank you for your understanding around this.**



## Whats is happening at school this term?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
18 WEEK 8 Swimming Lessons Waikaka	19 Swimming Lessons Waikaka	20 Swimming Lessons Waikaka	21 Swimming Lessons Waikaka	22 Swimming Lessons Waikaka	23/24  24 - Southland Athletics
25 WEEK 9 Otago Anniversary Day School Closed	26	27 Sports Activator	28 Library	29 Good Friday School closed	30/31
1 WEEK 10 Easter Monday School Closed	2 Easter Tuesday School Closed	3 Board Meeting 7:30pm	4	5	6/7
8 WEEK 11	9 Assembly	10	11	12 Last day of Term Library	13/14
29 WEEK 1 First day of term	30	1	2	3	4/5
6 WEEK 2	7	8	9	10	11/12

On a recent lunch break a number of the children got together and created this sandcastle. They were very proud of it and wanted it in the newsletter.





# EASTERN SMALL STICKS HOCKEY

## HAVE A GO DAY

**Coaching Day - Skills and Drills**

Year 3 and 4 - 3:30-4:30

Year 5 and 6 - 4:30-5:30

**MONDAY 8TH APRIL 2024**

ANYONE THINKING OF  
COACHING COME ALONG AND  
WATCH SOME COACHES IN



**ACTION!**



**FREE ENTRY**



# HOLIDAY PROGRAMME 2024



3 DAYS OF EACH TERM BREAK  
FUN ACTIVITIES AND GAMES TO  
KEEP CHILDREN PHYSICALLY  
ACTIVE AND ENTERTAINED

### Dates:

Tuesday-Thursday 16-18 April 2024

Tuesday-Thursday 9-11 July 2024

Tuesday-Thursday 1-3 October 2024

### Cost:

School Day session - 9.00am-3.00pm  
(doors open 8.30am)

\$40.00 per child per day

\$30.00 per extra child per day

Morning Session - 9.00am-12noon  
(doors open 8.30am)

\$30.00 per child per morning

\$20.00 per extra child per morning

### Enquires:

Please contact Lara, 418 3470  
[info@crossrecreationcentre.co.nz](mailto:info@crossrecreationcentre.co.nz)

Register online at:

[www.crossrecreationcentre.co.nz](http://www.crossrecreationcentre.co.nz)



Like and Follow us on social media to keep up  
to date with all of our activities and events  
[@crossrecreationcentre](https://www.instagram.com/crossrecreationcentre)



# TERM ONE



## WEEKS 1,4,7,10

MANE - NACHOS  
TUUREI - MEATBALLS & MASH  
WENEREI - SPAG BOL  
TAAITE - BBQ CHICKEN PIZZA  
PARAIRE - CHICKEN BURGER

## WEEKS 2,5,8,11

MANE - COTTAGE PIE  
TUUREI - CHICKEN PASTA  
WENEREI - FILLED ROLL  
TAAITE - MAC N CHEESE  
PARAIRE - BEEF BURGER

## WEEKS 3,6,9

MANE - SAVOURY MINCE  
TUUREI - FISH & CHIPS  
WENEREI - SANDWICH  
TAAITE - LASAGNE  
PARAIRE - BEEF SUB

## SIDES

CHEESE STICK  
FRUIT  
YOGHURT  
BAKED SLICE  
MUFFINS  
POPCORN